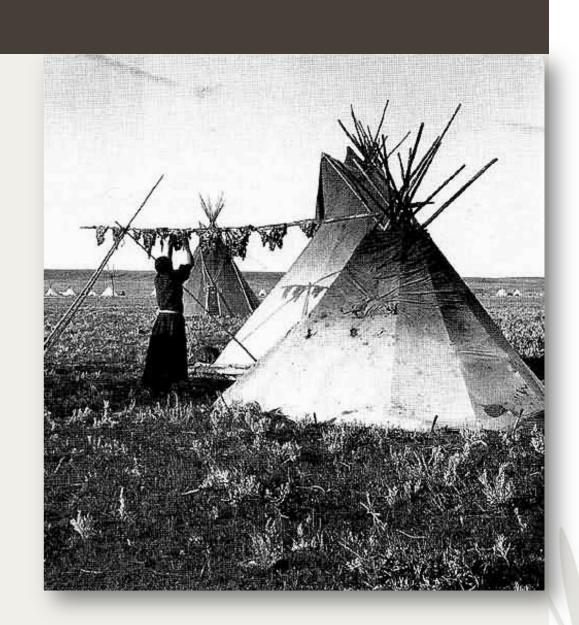
# Creating Sister Space

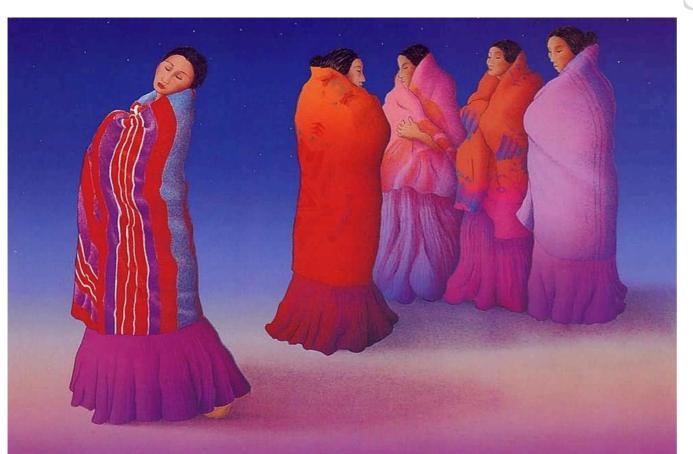


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#### Women Surviving

Every day, women survive physical or sexual violence. Some survive as a result of services they receive in the after-math of the abuse. (Postmus, Severson, Berry, & Yoo, 2009)

#### Understanding the difference



Victim of domestic violence, sexual assault, stalking or dating violence

Shelter

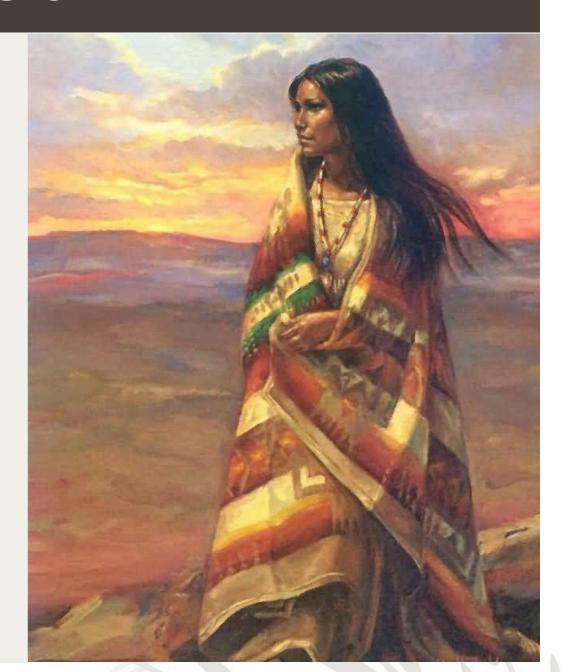
Transitional Housing Permanent Housing

Purpose	immediate response to the violence	Providing homeless victims/survivors with longer-term support	long-term stability
Length of stay	short-term a few days to a few months	usually 6 months to 24 months	on-going
Activities	crisis response advocacy	advocacy with safety, economic, personal/ family and housing planning/support	usually no programming involved

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### Survivors' Needs

- Time to get on their feet
- A time and space to make decisions, explore options with privacy and respect
- An environment that supports individual decision making



# Social Change Advocacy v. Case Management Comparison

#### **ADVOCACY**

- Individuals are their own experts
- Works to give voice to the victim/ survivor experience Accountable to victim/survivors
- Relationship mutually determined
- Balances all aspects of self
- Focused on personal sovereignty and power/control issues of systems and society
- Seeks connections/interrelated issues – inclusiveness
- Re-evaluates beliefs/critical thinking

#### CASE MANAGEMENT

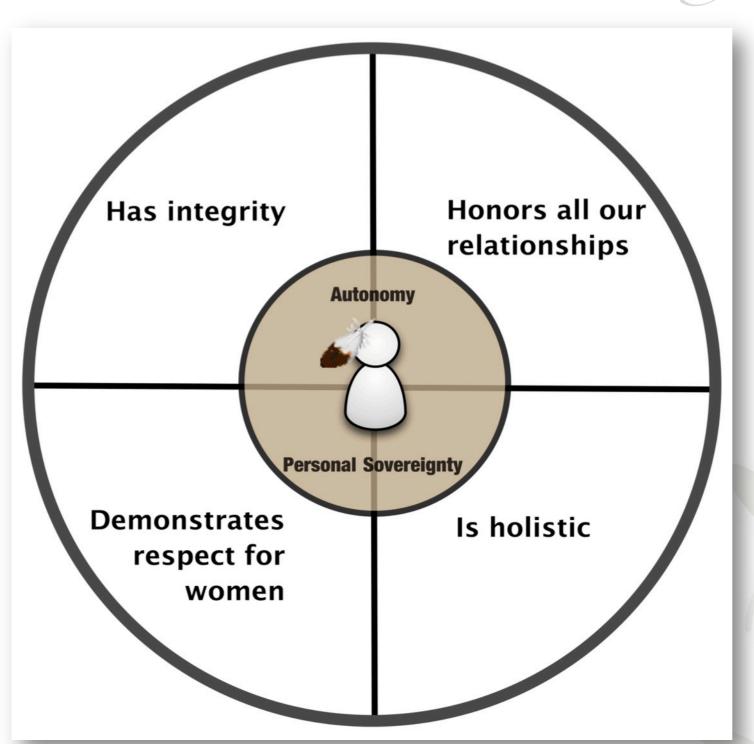
- Lack of personal control over information
- Practitioner shared review of "case"
- May be punitive
- Limited self-disclosure/"emoting"
- Illness/problem focus/"sick role"
- Limited relationship/referral
- Fragmented, compartmentalized, single issues
- Depersonalized
- Focus is on the bureaucracy
- Burden of proof on individual

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### Guiding Principles

- Victim/survivor-centered
- Provides strict confidentiality
- Centralizes victim safety
- Voices of victims/survivors of domestic violence, sexual assault, stalking and dating violence





Sister Space

Values	Actions		
Honors all our relationships	Will recognize the interconnected relationships victims/survivors have. Will make sure families as identified by the victim/survivor will be recognized and supported		
Is holistic	Will work to address the complex needs a victim/survivor has. This will include the journey of personal healing toward reaching living their lives as they desire		
Demonstrates respect for women	Every level of the program will demonstrate respect by the rules, policies and practices that are put in place, the actions of staff, and the environment created that respects a woman's ability to make decision and guide the direction of their own lives		
Has integrity	Rules, expectations, program supports that are offered will be clearly communicated and will be demonstrated in the actions of program delivery provided by staff		

### Challenging issues

- Alcohol and drug use
- Victims that are immobilized
- Attitudes and resistance

Develop a response to challenging issues. This might include working in a different manner, identifying alternative resources, developing new partnerships, putting in place specific training, etc.

### Window of opportunity

- Build a space to support women on their journeys
- Determine the tone and nature of our work
- The rules and polices put in place are guided by what we are trying to accomplish/create, by the funding sources we use, tribal and/or local laws and our guiding beliefs.
  - Are we creating an environment that helps to embrace a woman?
  - Are we creating a place where we work to manage a woman?

"...the main thing [is] to look at everything we do, and everything we expect of our clients, and see how that measures up." (Tautfest)

### The Advocate working in Sister Space



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- Has an ability to recognize how what they are doing will have an impact on women's lives
- Able to put themselves into the lives of the women whom they are working with
- Able to offer a supportive, compassionate and patient process
- Assists a victim/survivor to explore their options while balancing their survival skills

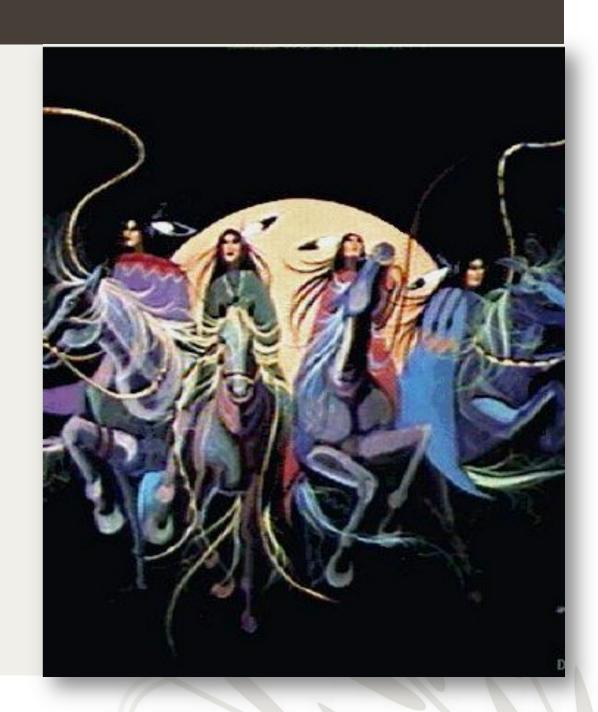
### Making it happen

- Internalizing policy and practice
- Educating staff on the why's and how's
- Creating forums for practice and exploration
- Revisiting and revising your policies
- Monitoring to see that the desired result is being achieved

### I Love to go home

"I love to go home. Our home may be modest, we may not have the best designer furniture, but when you come into our home you feel like [you are] a part of the family, you feel alive, you feel the people's strength."

(Looking Horse, 1995)



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