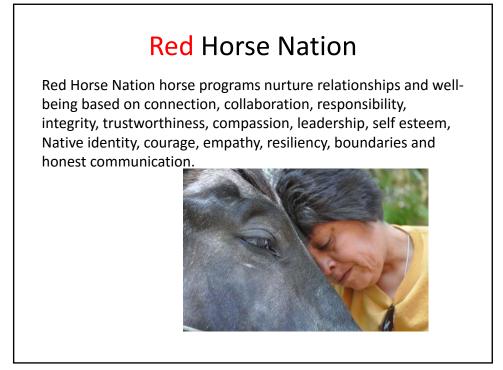


• **Mission Statement**: To establish a personal connection to Mother Earth, tribal values, culture, ceremony, spirituality, and language through the sacredness of the horse.





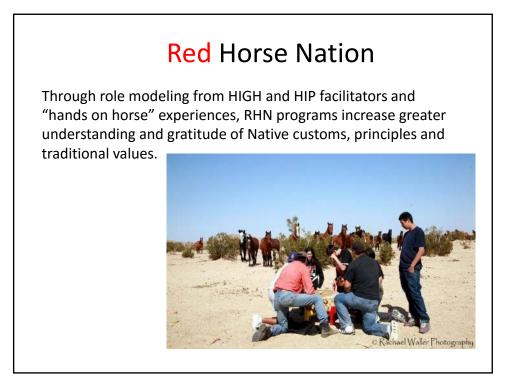
With the guidance from clinicians, horse trainers, tribal Elders, using songs, dances, stories, ceremonies, art and language, Native youth learn about the healing relationship their ancestors had and still have with the horse and how to build healthy relationships with self, family, friends and community.





#### Goals:

- To help establish Native American horse programs for urban and rural tribal agencies and which will be owned and managed by the Native community
- To provide culturally specific horse inspired growth and healing, horsemanship and moving with the horse (riding).
- To support Native principles and spirituality
- To encourage cultural belonging, pride and identity
- To develop competency, courage and compassion



RHN believes that healing from trauma, historical and familial, is the most important aspect of working with Native families. HIGH and HIP offers families the opportunity to explore trauma through non-judgmental, experiential activities and re-cover historical, generational gifts and greatness.



# Red Horse Nation

Through the responses from the horses, participants see the immediate positive results of behavior change and intention and deeper connection through congruency of thoughts, feelings and actions. When positive change happens, faith in self and others begins to heal and grow.



- RHN Supportive Programs:
- **HIGH and HIP Certification** Growth and Healing through mounted and ground horse activities
- Natural Horse Care Youth learn all aspects of horsemanship working towards completing a sacred ride and/or pack trip
- **Gentling Wild Horses** Youth learn to gentle wild horses as a means to heal trauma and recover *historical greatness*
- Horse Warriors Youth research, design, and create historically accurate, traditional tribal clothing and horse regalia.
- Native Languages, Ceremonies and Songs youth learn traditional horse songs, ceremonies and dances.
- Historical Greatness Healing Ranches Youth and community members create and manage a ranch where all aspects of healing and growth are possible through, ranch management, horse care, community gardening, resource management, substance abuse treatment and mental health services

