Unlearning What We Were Told: An LGBTQ2S Resource Manual

Amanda Watson

Introduction

- Name, Community, Role, and Pronouns (He/him/his, she/her/hers, they/them/their, etc.)

- What topics related to supporting LGBTQ2S survivors do you have questions about?

- What has your experience been/what have you seen in your community?
Why this topic?

- All survivors have unique needs
- It is our responsibility to make sure that we are able to welcome all survivors
- Customized tools and strategies are needed
- When services are more inclusive, ALL survivors benefit
Bisexual

Yes, I definitely know what this means.

I think I know what this means.

I'm not sure what this means.

Gay

Yes, I definitely know what this means.

I think I know what this means.

I'm not sure what this means.
Transgender

Yes, I definitely know what this means.

I think I know what this means.

I'm not sure what this means.

Two Spirit

Yes, I definitely know what this means.

I think I know what this means.

I'm not sure what this means.
**Queer**

Yes, I definitely know what this means.

I think I know what this means.

I'm not sure what this means.

**Intersex**

Yes, I definitely know what this means.

I think I know what this means.

I'm not sure what this means.
Asexual

Yes, I definitely know what this means.

I think I know what this means.

I'm not sure what this means.

Non-Binary

Yes, I definitely know what this means.

I think I know what this means.

I'm not sure what this means.
Non-Binary

Yes, I definitely know what this means.

I think I know what this means.

I'm not sure what this means.

Pansexual

Yes, I definitely know what this means.

I think I know what this means.

I'm not sure what this means.
Binding

Yes, I definitely know what this means.

I think I know what this means.

I'm not sure what this means.

Out (e.g., to "out" someone)

Yes, I definitely know what this means.

I think I know what this means.

I'm not sure what this means.
### Packing

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### T (e.g., "I'm on T")

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**Resource Manual Overview**

- Developed in partnership with numerous people
- Designed to be a one stop shop
- Includes best practices, general information, and activities/case studies
I. History

- History of pre-colonization and post-colonization
- Historical trauma
- Activism and advocacy through the years
- Clarify overlap and distinctions between mainstream LGBTQ community and Two Spirit/Native LGBTQ community

II. Considerations for All Service Providers

- Vocab
  - Vocab Quiz
- Pronouns
  - Pronoun Practice
- Generational differences
- Basic 101- gender vs. sexual orientation, etc.
III. Creating A Welcoming Environment

- Safe Zone Trainings
- Bathrooms
- Staff training
- Accessible
- Posters, promotional materials, visuals in office or space
- Policies and procedures for each specific profession
  - Including mistreatment by other clients/survivors

IV. Impact of Violence

- Expands on basic DV/SA knowledge and provides examples of how the impact might look different for LGBTQ2S survivors
- A broad overview of concerns that LGBTQ2S survivors might have for different service providers
V. Advocacy

- Role plays and activities that can be used for self, staff, or other agencies
- Policies and procedures for advocacy organizations and shelters
- Training ideas for navigating concerns that LGBTQ2S survivors might have or barriers they might experience

VI. Medical

- Forensic exams, emergency care, and non-emergency care
- Sample forms
- Concerns that LGBTQ2S survivors might have when interacting with medical providers
- Overview of medical information that might be relevant (Hormone Replacement Therapy, Surgeries, Binding, etc.)
VII. Law Enforcement

- Reporting, interviewing, investigating, and testifying
- Sample policies and procedures
- Case studies from tribal law enforcement agencies
- Tools and training opportunities

VIII. Legal System

- Deciding what to try a case as (sexual assault, hate crime, etc.)
- How to educate a jury
- Best practices for calling an LGBTQ2S survivor to the stand
- How to create court records that are respectful
- Sample cases and lessons learned from prosecutors and judges
IX. Mental Health

- Evolution of the DSM and historical relationship between mental health practitioners and the LGBTQ2S community
- Considerations for working with LGBTQ2S survivors
- Best practices in providing mental health care to LGBTQ2S survivors

X. Community Response

- Impact of colonization
- Strategies for increasing community understanding and support
- Case studies of community response strategies
- Activities and resources that can be distributed to the community
XI. Additional Resources

- Organizations that provide additional training on the topic
- Research that is available
- Other graphics, resources, and tools that haven’t been highlighted yet

Sample Case Study

A 28-year-old trans woman has been sexually assaulted. She was at a party and met the man who assaulted her there. She says that during the assault, he kept muttering about how “This is what happens when you try to trick guys like me.”

- What might some of her concerns be about talking to you?
- Has your agency or department worked with trans survivors before?
- Do you know whether the other resources in your community are equipped to support a trans survivor?
- Do you have relevant policies and procedures in place to work respectfully with a trans survivor?
Sample Case Study

A 19-year-old queer young woman ends up in the hospital after being beaten by her partner, who is also a woman. She still lives with her family, who are very homophobic and don’t know that she’s queer, and she’s not out to the community.

- What might some of her concerns be about talking to you?
- What are some of the things you could do to ease her concerns?
- What other resources might you connect this survivor with, and are they equipped to work with a queer survivor?

Questions or Comments?
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